

BYSTANDER INTERVENTION TIPS

Everyone has a role to play in preventing sexual discrimination.

Stepping in can make all the difference, but it should **never** put your own safety at risk.

Create a distraction

Do what you can to interrupt the situation. A distraction can give the person at risk a chance to get to a safe place or deescalate the situation. Sometimes just staring at the situation can cause a distraction.

Refer to an authority

Sometimes the safest way to intervene is to refer to an authority. Employee's of WETCC are here to help in any way that they can.

Ask directly

Talk directly to the person in trouble and ask if they are okay. It is okay to say things like "hey that's not cool" or "we don't do things like that here" to the person doing the discrimination.

Enlist others

It can be intimidating to approach a situation alone. Enlist another person to support you. Ask a WETCC employee or student to help in deescalating the situation.

Information was used from RAINN. More information can be found on their website: www.rainn.org

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Refer to an Authority

Enlist others

To report any sexual discrimination contact WETCC's Title IX Coordinator:
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2250 College Road
Administrative Building Rm 218
Mahnomen, MN 56557
218-936-8388
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